

# Brick Pediatric Dentistry

## & Orthodontics, P.C.

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### Post Extraction Instructions

Dear Parent,

Your child has had a dental extraction(s). Please note the procedures that should be followed to ensure the comfort and safety of your child following the procedure.

1. If local anesthesia was used, it is normal for your child to be numb for up to 5 hours. He/She must be careful not to bite or chew on the lip, cheek, or tongue.
2. Please have your child refrain from eating very hard, crunchy foods like nuts and popcorn for the next few days. This is extremely important and will allow the extraction socket to heal in the best possible way. Also refrain from eating spicy or sour foods until he/she is comfortable doing so.
3. Do not let your child rinse, expectorate (spit out), or use a straw for a 24-hour period. This will allow the blood clot to form in the socket and prevent excessive bleeding.
4. Beginning tomorrow, please have your child brush his/her teeth normally.
5. A little bit of bleeding is normal. Have your child bite on gauze without opening or chewing. If bleeding becomes heavy, please contact this office.
6. Tylenol or ibuprofen, if necessary, may be given. No aspirin.
7. Please monitor your child for the unlikely signs or symptoms of infection, including fever, swelling, pus, etc.